



Need Analysis: Implementing PARIRAKSHA at KMICS

Introduction: The "PARIRAKSHA: Nurturing Student Well-being: Mentorship and Counseling with Parental Participation" program at Keshav Memorial Institute of Commerce and Sciences (KMICS) reflects a proactive approach towards addressing the holistic well-being of students. This need analysis aims to explore why such a practice was required and the underlying imperatives driving its implementation.

Need Analysis:

- 1. Growing Mental Health Concerns:** With increasing academic pressures and societal expectations, students often face mental health challenges such as stress, anxiety, and depression. Recognizing the prevalence of these issues, KMICS felt the necessity to provide comprehensive support systems to nurture student well-being.
- 2. Complex Academic Environment:** KMICS operates within a dynamic academic environment where students encounter multifaceted challenges beyond traditional learning. These challenges may range from academic difficulties to personal and social struggles, necessitating tailored support mechanisms.
- 3. Parental Engagement Deficit:** Historically, parental involvement in students' academic and personal development has been limited. KMICS identified a need to bridge this gap and actively engage parents in their child's educational journey to foster a supportive ecosystem conducive to student success.
- 4. Need for Enhanced Support Services:** While academic institutions often prioritize academic excellence, the availability of comprehensive support services catering to students' mental health and well-being may be inadequate. KMICS recognized the need to augment existing support structures to address the diverse needs of its student body effectively.

Conclusion: The implementation of PARIRAKSHA at KMICS underscores the institution's commitment to prioritizing student well-being and fostering a nurturing environment conducive to holistic growth. By addressing the identified needs through personalized mentorship, counseling, and parental engagement, KMICS endeavors to empower students with the requisite skills and resilience to navigate challenges successfully.

PRINCIPAL

Keshav Memorial Institute of Commerce & Sciences,
Narayanaguda, Hyderabad-500 029
College Code No: 1110/318



ESTD. 1945

KESHAV MEMORIAL INSTITUTE OF COMMERCE & SCIENCES

(Affiliated to Osmania University)

A Unit of Keshav Memorial Educational Society

3-5-1026, Narayanaguda, Hyderabad - 500029 Ph : 040 2322 4651, 8331029974

E-mail : principal.kmics@gmail.com

Website : www.kmics.ac.in

Impact Analysis of PARIRAKSHA: Nurturing Student Well-being

The "PARIRAKSHA: Nurturing Student Well-being: Mentorship and Counseling with Parental Participation" program at Keshav Memorial Institute of Commerce and Sciences (KMICS) has made significant strides in enhancing student well-being, academic success, and parental engagement. Through its multifaceted approach, this initiative has had a profound impact on various aspects of student life and the overall educational environment.

Academic Performance and Student Engagement: One of the key outcomes of the PARIRAKSHA program has been the noticeable improvement in academic performance and increased student engagement. By providing personalized mentorship and counseling, students have been able to address academic challenges more effectively. The workshops, peer mentoring programs, and counseling services have equipped students with essential skills and confidence, leading to a greater sense of academic achievement and motivation.

Mental Health Support and Stress Reduction: The emphasis on raising awareness about mental health issues and offering support resources has been instrumental in promoting student well-being. Students report feeling less stressed and better equipped to handle challenges, thanks to the mental health awareness workshops and counseling services provided through the program. This aspect of PARIRAKSHA has contributed significantly to creating a supportive and nurturing campus environment conducive to learning and personal growth.

Parental Engagement and Collaboration: The involvement of parents in their child's educational and personal development has been a cornerstone of the PARIRAKSHA program. Through parental engagement events and regular communication, KMICS has successfully fostered collaboration between parents and the institution. This increased parental participation has led to positive long-term outcomes, including higher graduation rates and improved overall well-being among students.

Challenges Faced and Mitigation Strategies: Despite its success, the PARIRAKSHA program encountered several challenges during its implementation. Issues such as scheduling conflicts, reluctance to participate, language barriers, and technological limitations posed obstacles to organizing activities effectively. However, KMICS has proactively addressed these challenges by implementing strategies such as flexible scheduling, targeted outreach efforts, multilingual communication channels, and providing access to technology. These measures have helped overcome barriers and ensure the continued success of the program.

In conclusion, the PARIRAKSHA program has had a transformative impact on student well-being, academic success, and parental engagement at KMICS. By providing holistic support services, raising awareness about mental health, and fostering collaboration between stakeholders, this initiative has created a more inclusive and supportive educational environment where students can thrive and reach their full potential.


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